

Self-Advocates Advisory Committee

The main graphic is set against a blue rounded rectangle. On the left, the SCDD logo features a red stylized figure with arms raised, followed by the text 'CALIFORNIA SCDD' and 'State Council on Developmental Disabilities'. Below the logo is an illustration of a man and a woman. A yellow arrow points from the word 'Advocacy' (written in white, slanted text) to a wooden signpost on the right. The signpost has five directional signs: 'Voice of the People' (blue), 'Visibility' (teal), 'Good Services' (yellow), 'Representation' (grey), and 'Community' (orange).

Advocacy

January 18, 2011

Voice of the People

Visibility

Good Services

Representation

Community



SCDD Preparation Agenda

10 AM – 4 PM

Introductions and Welcome	10.00 - 10.15
SCDD Overview	10.15 - 10.45
Meeting Highlights and Committee Reports	10.45 - 12.30
LUNCH	12.30 - 1.30
 Leadership and Advocacy	1.30 - 2.30
BREAK	2.30 - 2.45
 Leadership and Advocacy	2.45 - 3.30
Housekeeping and Community Assignment	3.30 - 4.00



Meeting Outcomes

- Know about the State Council
- Be prepared for the State Council meeting
- Know the key issues
- Learn about Think-Plan-Do
- Learn about why a mission statement is important
- Think about your own Leadership Goal

Leadership - Direction - Action



SCDD Vision Statement



Californians with developmental disabilities are guaranteed the same full and equal opportunities ...

- life,
- liberty, and
- pursuit of happiness

as all Americans.



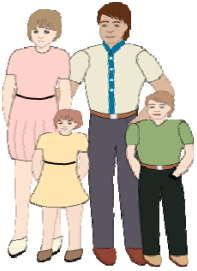
SCDD Mission Statement

"The Council collaboratively advocates, promotes and implements policies and practices that achieve

- self-determination,
- independence,
- productivity and
- inclusion

in all aspects of community life for Californians with developmental disabilities and their families."

SCDD Beliefs



Consumers know best what supports and services they need to live independently and to actively participate in their communities.

Through

- advocacy,
- capacity building and
- systemic change

SCDD works to achieve a consumer and family-based system of individualized services, supports, and other assistance.



SCDD Activities

Federal law requires SCDD:

- Identify ways to improve and increase services for individuals & their families.
- Submit findings to federal government in a "State Plan".



The Plan identifies priority areas.

- Plan achieved by SCDD and Area Board activities and Grants.
- The Plan is approved by the Administration on Developmental Disabilities (ADD).

SCDD Federal Partners



State protection and advocacy system
Disability Rights, California.



University Centers for Excellence



USC University
Center for
Excellence in
Developmental
Disabilities



Each partner has a responsibility to improve services for individuals with developmental disabilities and their families, and enhance independence, productivity and inclusion.

SCDD Council Members

The Governor appoints Council members.



- individual/family consumers,
- Position in state government,
- representatives from organizations.

Assembly/Senate each recommend a consumer appointed by the Governor.

Federal law says consumers comprise at least 60%. Consumers are individuals and family representatives.

Since 2003, California law requires 13 consumer members must be from Area Boards.

Important Terms



Vision Statement

A clearly communicated statement about the way you want life to be in the future.



Quality of Life

Personal satisfaction with the way life is.



Community Inclusion

Being included in school, neighborhood living and activities, meaningful employment, mutually beneficial relationships.



Leadership

Leadership is the capacity to translate vision into reality and bring about desired change through cooperation.



SCDD Key Committees

- Strategic Planning
- Employment First
- Legislative and Public Policy
- Executive
- Consumer Advisory
- Administrative

Part II

Meeting Highlights and Committee Reports

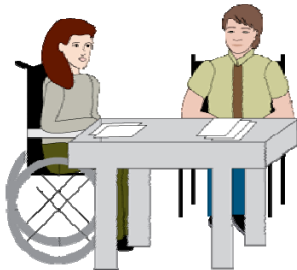


Meeting Agenda

Minutes from November meeting

California Section 1115 Waiver

Committee Focus:



EFC

Legislative and Public Policy

Consumer Advisory

Briefing Paper for Governor



Prepare Meeting Report

California Section 1115 Waiver



Nov. 2010, California's five-year, \$10 billion "Bridge to Reform" Section 1115 federal waiver was approved.

It makes Medi-Cal changes that will help the state move to the federal reforms that take effect, January 2014.

Expand Coverage to Uninsured Adults:

Increases health care coverage to as many as 500,000 low-income uninsured residents.

What the Waiver Does for California

Receive nearly **\$10 billion** to invest in our health delivery system and support transition to federal health care reforms. It will help slow Medi-Cal's health care costs.

California Section 1115 Waiver



Supports Uncompensated (unpaid) Care Costs:

Expands the Safety Net Care Pool (SNCP) to provide more resources to uncompensated costs and state programs.

Improves Care Coordination for Vulnerable Populations:

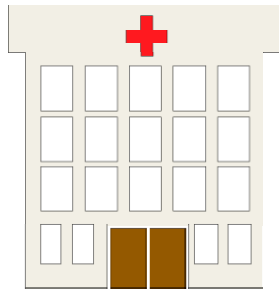
Authorizes mandatory enrollment of seniors and persons with disabilities into managed care to achieve care coordination, better manage chronic conditions, and improve health.

Test health care models for providing systems of care to children with special health care needs who are eligible for California Children's Services program.

California Section 1115 Waiver



Promotes Public Hospital Delivery Transformation



Improvements to public hospitals to strengthen their infrastructure, prepare for health care reforms and find ways to slow cost increases.

Support ability of California's public hospitals to improve quality of care and health of patients and families they serve.



Employment First Committee

Updated 11/17/10

STATEMENT ON EMPLOYMENT FIRST

Employment 1st in the general workforce is the first and preferred outcome in the provision of publicly funded services for all working age people with developmental disabilities, regardless of level of disability.

UNDERLYING PRINCIPLES

1. The current [low employment] or [high unemployment] rate of people with developmental disabilities in the workforce is unacceptable.
2. Access to choices and opportunities to earn prevailing wages are essential if people with developmental disabilities are to avoid lives of poverty, dependence, and isolation.



Employment First Committee

Updated 11/17/10

UNDERLYING PRINCIPLES

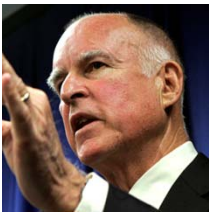
3. It is presumed that all working age adults and youths with developmental disabilities can work in jobs fully integrated within the general workforce, working side-by-side with co-workers without disabilities, earning benefits and minimum wage or higher.
4. As with all other individuals, employees with developmental disabilities require assistance and support to ensure job success and have a right to those supports necessary to succeed in the workplace.
5. All people, regardless of disability, have the right to pursue the full range of available employment opportunities, and to earn prevailing wages in a job of their choosing, based on their talents, skills, and interests.

Legislative & Public Policy Committee

2011-12 Governor's Budget Highlights

Plain Language Version

January 10, 2011



Governor Jerry Brown showed his proposed 2011-12 Budget on January 10, 2011.

Important budget parts for people with developmental disabilities:



California needs to save \$25 billion dollars.

Limits cutting money for important things paid by government and keep important services, including school programs.

DEPARTMENT OF DEVELOPMENTAL SERVICES (DDS)

DDS serves more than 246,000 persons.

Budget includes \$4.5 billion (state/federal) for services.

Services provided through 21 regional centers, 4 developmental centers and 1 community facility.

Legislative & Public Policy Committee

2011-12 Governor's Budget Highlights

Last year DDS saved about \$334 million in state money.

This year DDS will save about \$200 million by changing, cutting or stopping some services, limiting who can get some services and getting more federal money. Providers still get paid less money for their services.

Next year, Budget asks DDS to cut \$750 million in state money by:

- getting more federal money,
- cutting costs,
- more rules about what services can be bought.

Community Services Program (includes regional center services)

Next year's Budget says regional centers will serve about 251,702 consumers with \$3.8 billion, state and federal money.

Money will be included to help with SSI/SSP and Medi-Cal cuts.

Legislative & Public Policy Committee

2011-12 Governor's Budget Highlights

Developmental Centers

The Budget for next year says about 1,783 people will live in state developmental centers for \$618.1 million, state and federal money.

- Less people work at some developmental centers – fewer consumers living there.
- Money to fix things to make it safe for people to live there.
- DDS will keep working on closing Lanterman Developmental Center.

DEPARTMENT OF REHABILITATION

Vocational Rehabilitation

The Budget includes \$395.3 million, state and federal money, to help people with disabilities to get training and jobs.

Legislative & Public Policy Committee

2011-12 Governor's Budget Highlights

Independent Living Services

- Budget includes \$20.7 million for independent living centers.

DEPARTMENT OF SOCIAL SERVICES

Supplemental Security Income/State Supplementary Payment (SSI/SSP)

Budget cut SSI/SSP by \$15 per month (**\$845 to \$830**), begin June 1, 2011.

DDS' budget includes money to help.

In-Home Supportive Services (IHSS)

Budget cut number of IHSS hours by 12%.

Budget takes away help for things like housework, food shopping, meal preparation and cleanup, and laundry for people *living with their IHSS support person*.

People living in shared living not get help for housework, food shopping, meal preparation and cleanup, laundry that could be done by others living in same place.

Legislative & Public Policy Committee

2011-12 Governor's Budget Highlights

In-Home Supportive Services (IHSS)

Children living with parent(s) would not get help for housework, food shopping, meal preparation and cleanup, laundry as parent(s) should do those things.

- People get IHSS if doctor said they had to have it to stay in their own home.

DEPARTMENT OF MENTAL HEALTH

Community Services

Budget includes \$4.5 billion, state and federal money, for mental health services in the community.

Long-Term Care Services

The Budget includes \$1.2 billion, state money, for state hospitals for people with mental disabilities. About 6,324 will live in state hospitals.

Legislative & Public Policy Committee

2011-12 Governor's Budget Highlights

DEPARTMENT OF HEALTH CARE SERVICES (DHCS)

Medi-Cal

Limit money for hearing aids; durable medical equipment; incontinence supplies; urological supplies; and wound care.

Limit prescriptions for medicine (except life-saving drugs) to 6 per month.

Limit number of doctor visits to 10 per year.

Co-pays \$5 doctor, clinic, dental, and pharmacy; \$50 for emergency room; \$100/day and \$200 maximum for hospital stays.

End Adult Day Health Care, about 27,000 lose services.



No money for over-the-counter cough/cold meds, nutritional supplements.

10% cut - doctors, pharmacies, clinics, medical transportation, home health, Adult Day Health Care, certain hospitals, and nursing facilities.



Briefing Paper for the Governor

GUIDING PRINCIPLES

- Services and supports for persons with developmental disabilities operate under guiding principles to measure the path and outcome of activities so the system works for people.
 - Make informed decisions about their lives.
 - Live in homes and communities where they exercise rights and responsibilities.
 - Pursue meaningful and productive lives.
 - Contribute to their families and to the larger community.
 - Build independent relationships and friendships.
 - Live free of abuse, neglect, financial and sexual exploitation and/or violations of rights.
 - Be included in society as a valued person with unique strengths, preferences, concerns and abilities.
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- 



Briefing Paper: Priority Issues

Employment

People with developmental disabilities are significantly under or not employed. 13% work but most - not in gainful and integrated settings. State government needs to improve and lead in hiring. More collaboration of private businesses so job opportunities increase taxpaying individuals and reduce reliance on public services.

Consumer/Family Directed Options

Develop options for self-determination, individual choice budgets that allow consumers/families to find and pay for services that meet needs - and reduce reliance on public services.

Housing

Improve community integrated living through more access to housing subsidy programs; reduce discrimination; develop more affordable, accessible housing.

Self-Advocacy

Opportunities and support to exercise leadership. With training, use of plain language materials, support and inclusion in policymaking activities.

Briefing Paper: Priority Issues

Inclusion

Must have access to community such as recreation, education, and socialization. Sites must be accessible and accommodate all people. Local services must be encouraged and reach out. (Reduce reliance on segregated/expensive options).

Education

California continues to educate some students in segregated settings. Hold educational agencies accountable for carrying out the law that says “..to the maximum extent appropriate, children with disabilities are educated with children who are *nondisabled*.”

Health Care

Assure access to plain language information for making informed decisions about health care.

Assure transition to managed care systems means services are the same or better than what is experienced under Medi-Cal now. Must recognize that individuals with disabilities need and must receive mental health treatment and women’s health services.



Briefing Paper: Priority Issues

Transportation

Individuals must be part of policymaking. Mobility training should be a standard program to increase use of public transportation

Victims of Crime

Law enforcement and court systems need training in how to follow up on cases involving crime victims with disabilities, provide same protections. Individuals with disabilities need training and support in how to avoid being victims and how to help in prosecuting crimes.

Quality of Services and Supports

Outcomes and satisfaction must be measured to involve individuals, families, service providers, and regional centers/developmental centers and include recommendations.

System Transparency/Oversight and Accountability

Designs for increased transparency and oversight should be developed collaboratively with system partners to assure all understand.



Briefing Paper: Priority Issues



Leadership

- (1) Collaborate with all parts of the system fairly;
- (2) Recognize and address concerns;
- (3) Reason for system is commitment to individuals and their families;
- (4) Innovative, supportive of change to improve outcomes/satisfaction;
- (5) Honesty; and
- (6) Accountability

Part III

Leadership and Advocacy

Preparing Council Members' Reports
Meeting Support (Facilitation)

Leadership Overview

Think-Plan-Do

Mission Statement

Leadership Goal

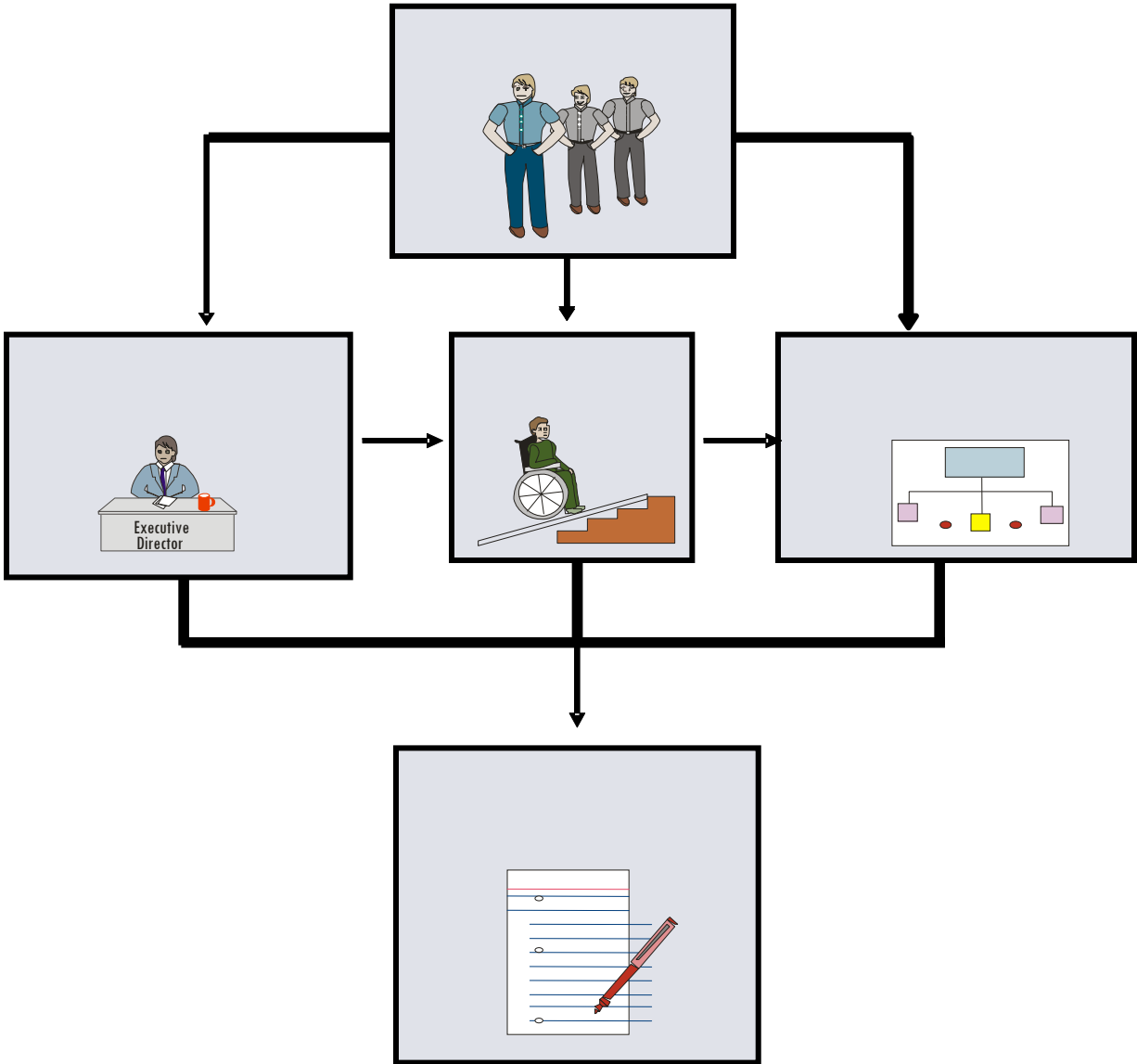
Community Work

Coaching

Assignment



Meeting Support



Inspire



I have a dream

- .. To guide and influence
- .. To motivate to action
- .. To affect or touch someone

Leaders Inspire others ... BY EXAMPLE

Leadership

Leaders and Teachers INSPIRE

(1)

They want to contribute.

(2)

They know what they want to do.

(3)

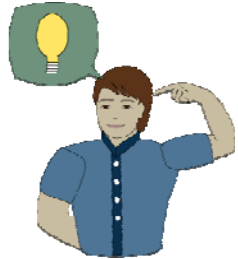
They know what is important to them.

Leadership Strategy

Step 1

THINK

Create a Mission Statement
Leadership Goal
(What is important to me)



Step 2

PLAN

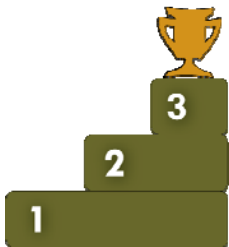
Make your plan



Step 3

DO

Do - your plan with support



Leadership - Mission Statement

1. Make a personal mission statement:
2. What is important
3. Why it is important
4. Things I do
5. The Statement

PLANNING & DECISION-MAKING

Mission Statement

THINK
Set the Goal
Think about something important you want to do.

PLAN
Take the Steps
Create a way to use key words that say what you want and why.

DO
Make it Happen
Tell your team what is important to you and use your key words to make your mission statement.

NAME _____

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