



Volunteer Member (Not paid)

The self-advocate chosen will represent the region with an approximate time commitment of 8 hours/month to become a statewide self-advocacy leader.

- Attend two-day statewide meetings 4 times a year.
- Help develop advocacy plans for the region and the statewide Network with outcomes that can be accomplished.
- Help carry out advocacy activities with self-advocacy groups and organizations.
- Reach out to others - seniors, students, multi-cultural groups - to share information.
- Participate in the region's self-advocacy planning meetings and share information at quarterly Network meetings in Sacramento.
- Work on an individual leadership plan.
- Help prepare statewide Network reports on advocacy work
- Communicate with local, regional and statewide groups - phone calls, videoconferences, email, Skype, etc.

Support Provided

- Travel expenses
- Facilitation support
- Learning tools in easy-to-understand formats
- Training on new technology and leadership