

SSAN

April
2012



SECTION #1

CALL TO ORDER



- Housekeeping
- Draft ground rules
- Review agenda
- Getting to know you questions
- SSAN survey

GETTING TO KNOW YOU



1. What do people like best about you? *Why?*
2. What is an advocacy accomplishment you had this year?



SSAN MEMBER SURVEY



MEMBER SURVEY

April 2012

Optional:
Name: _____

SSAN

PERSONAL

(1) What person has influenced your life the most?
Why?

(2) What does it mean to be a leader?

(3) What is one thing you would like to learn about leadership?

(4) What does "lead by example" mean to you?



SECTION #2

NETWORK OVERVIEW



- CRPD - human rights
- Network purpose
- Network components
- Anticipated outcomes
- Resources

CRPD – HUMAN RIGHTS

CRPD - GOOD TO KNOW



- The CRPD is a first human rights treaty of this century
- The CRPD is specifically for persons with disabilities
- The CRPD describes basic human rights
- THE CRPD has been approved (ratified) by 99 countries

CRPD – HUMAN RIGHTS

CRPD – BASIC HUMAN RIGHTS



SSAN PURPOSE



Molly Kennedy
Member, SCDD

“...Only when self-advocates organize and build leadership among themselves, will the disability rights movement be more successful.

Individuals with disabilities must come together, gain skills and use meaningful support to advocate effectively for rights to independence, self-determination and full inclusion in their community and their country.”



STATE PLAN



GOAL #1



Individuals with developmental disabilities have the information, skills, opportunities and support to advocate for their rights and services and to achieve self-determination, independence, productivity, integration and inclusion in all facets of community life.

PURPOSE



The Statewide Self-Advocacy Network connects self-advocates, their communities and statewide organizations to increase leadership by persons with disabilities.

SSAN PURPOSE



■ Personal Leadership

Choosing direction for your life, taking action.

■ Community Involvement

Developing the knowledge and skills to make a difference.

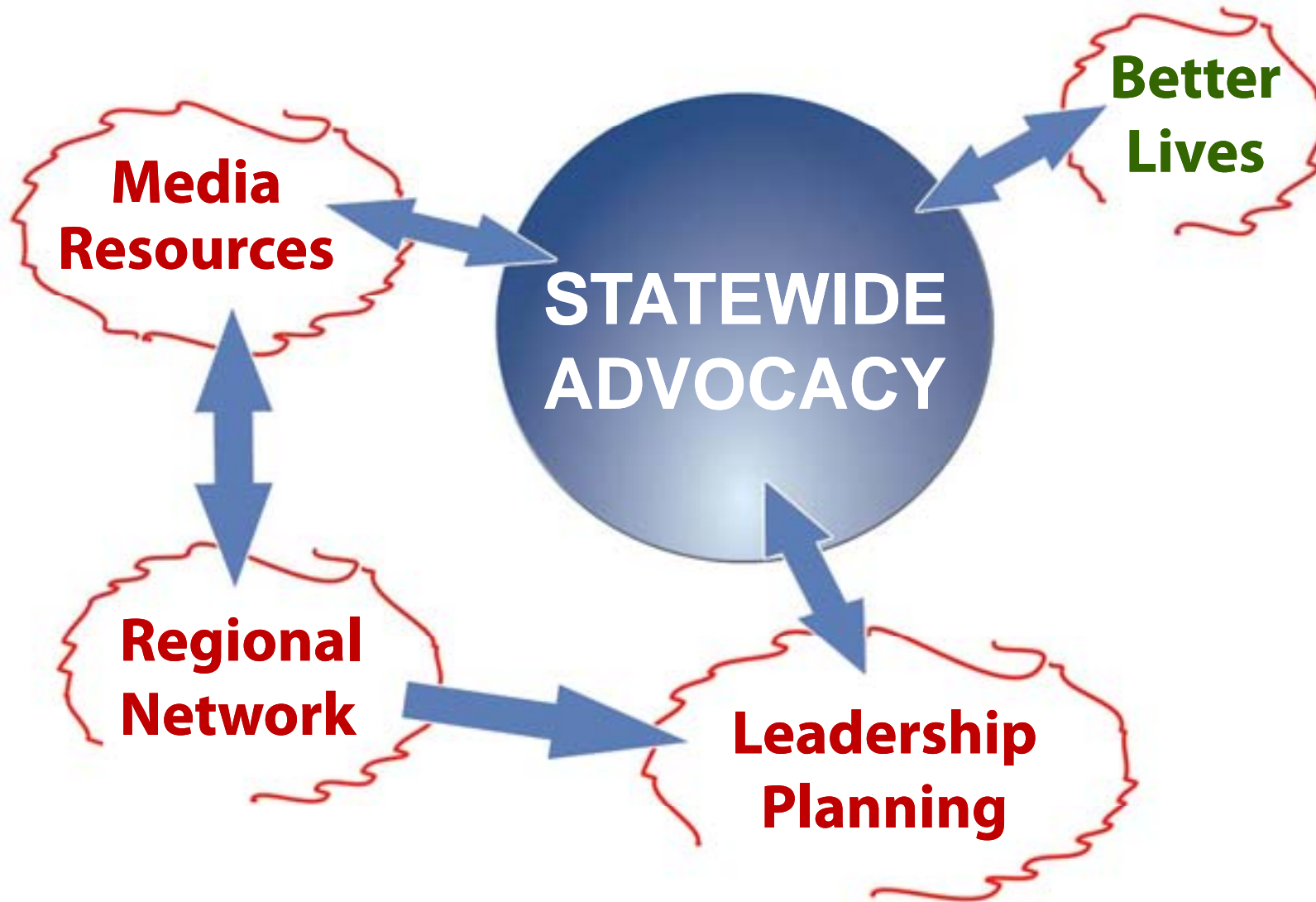
■ Peer Representation

Speaking on behalf of others with disabilities.

■ Advocacy

Making your voice heard with elected officials about what is important to people with disabilities in your community and state.

SSAN COMPONENTS



SSAN OUTCOMES



INCREASE

- Personal leadership accomplishments
- Community involvement
- Peer representation
- Advocacy

NETWORK



- Strong membership with operating rules
- Use easy-to-understand materials
- Increase regional and statewide advocacy
- Conduct annual Network Summit
- Produce annual media report to Council

SSAN RESOURCES/SUPPORTS



ONLINE VIDEO COMMUNICATION



ADVOCACY ROOM



WEBSITE



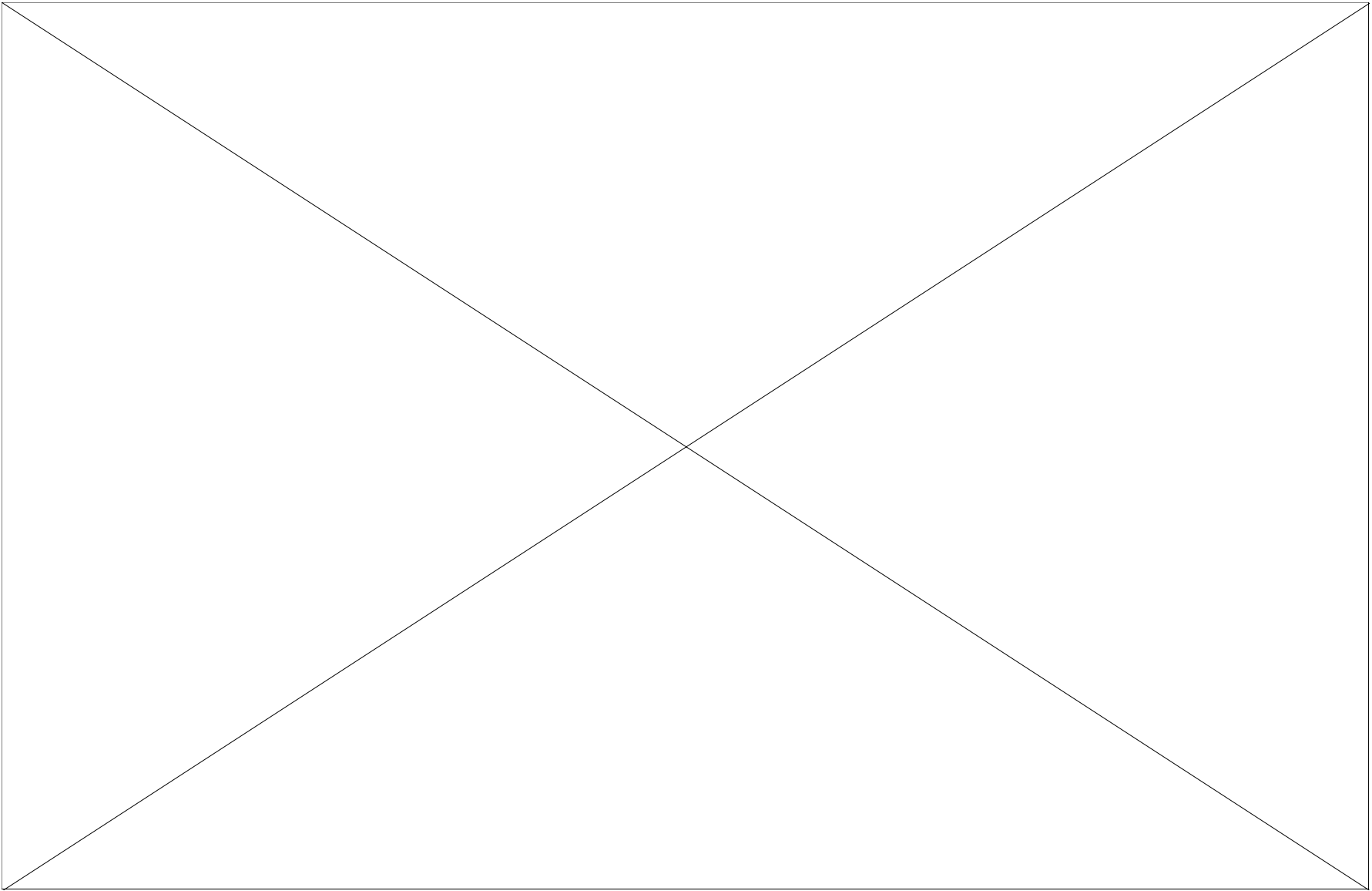
GOOGLE GROUP SITE



NETWORK FACILITATION

POWER OF ONE

#1



LUNCH



SECTION #3A

NETWORK BRANDING



Network identification “look”

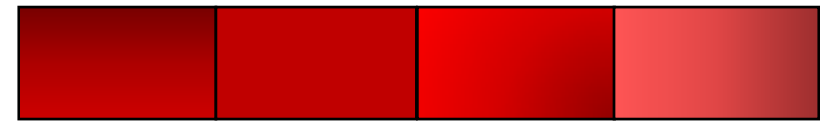
Logo

Color

Tag Line

Vision Statement

NETWORK IDENTIFICATION



LOOK

LOGO

TAG LINE

IDENTIFICATION - LOGO

A combination of words and art that makes a picture to represent a group or product.



IDENTIFICATION - LOGO

Match the logo with the taglines (slogans)

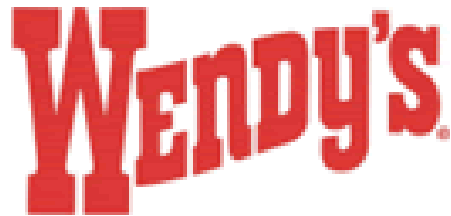


Coca-Cola

“Melts in your mouth,
not in your hands.”



“Where's the beef?”



Wendy's

“It's the real thing.”

IDENTIFICATION



Logo (Symbol)

yes

no



Colors

yes

no

IDENTIFICATION – TAG LINE

A slogan that reminds you of a product or service.



Tag Line?



Tag Line?

IDENTIFICATION – VISION

A vision statement reflects the hopes and dreams of what you want to accomplish. The inspiration for all activities.

Match the logo with the vision



“Create a place for people to find happiness and knowledge”



“Produce a car that everyone can afford”



“My Life, My Way”

IDENTIFICATION – NEXT STEPS



Between now and July, think about

- SSAN vision statement
- Key words for your tag line

SECTION #3B



NETWORK COMMUNICATIONS



Going green

COMMUNICATION



USING TECHNOLOGY



- Briefcase technology tools
- Flash drives, *no notebooks*
- Email
- Advocacy website
- Google group
- Online meetings

SECTION #3B



BRIEFCASE CONTENTS



1. Flash Drive
2. Headsets with microphone
3. Laptop speaker
4. Web camera
5. Leadership DVD
6. Note paper for meetings
7. Facilitation/SSAN books

COMMUNICATION



FLASH DRIVE FOLDERS

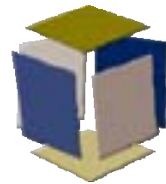


1. Advocacy Plans
2. Contacts
3. Employment
4. Facilitation
5. Leadership – Member
6. Presentation Resources
7. SCDD
8. SSAN Information
9. SSAN Meeting Materials

COMMUNICATION



EMAIL



Board Resource Center

Communicate with Mark Starford and the Network facilitation team using email



"name"@brcenter.org

ADVOCACY WEBSITE



WWW.SCDDADVOCACY.ORG



State Council on Developmental Disabilities Advocacy Resources

WATCH THE INTRODUCTION TO THE SCDD VIDEO

SCDD Self-Advocates
Advisory Committee



Statewide Self-Advocacy
NETWORK



Advocacy Websites
and Resources



Other Websites
and Resources



SSAN GOOGLE GROUP



Home

SSAN

Statewide Self-Advocacy Network

Home

Discussions

About this group

Join this group

Discussion links

Job Openings
Search For Job Openings
Apply For a Position Today!
www.fishbase.org/job

Internet Fax Service
Send and Receive Fax by Email
Easy Install, Secure & Affordable
www.FaxCentral.com/fax

Watch Free Videos
Watch Full-Screen, High-Res Movie
Clips & Trailers - Download Free!
www.MovieSearch.com

Group info

Members: 2

Language: English

Group categories: Not categorized

[More group info >](#)

- Share regional advocacy resources
- Peer to peer support
- Leadership strategies
- Share outcomes and recommendations
- National advocacy updates

ONLINE MEETINGS



SKYPE INTERNET:

- Group video calls (less than 5 people)
- One-to-one audio and video calls
- PowerPoint slides



ADOBECONNECT INTERNET:

- Group video calls (up to 100 people)
- One-to-one calls
- Webcast and Webinar
- Video broadcast
- PowerPoint slides
- Record and edit for future training

SECTION #4



ADVOCACY AND LEADERSHIP



- Discussion
 - Leadership topics
 - Outcomes

THE NETWORK

- Partnership
- Plan
- Outcomes

- 15 state goals
- Outcomes
- Report to ADD



- Outreach
- Local organizations

- Personal advocacy mission
- Advocacy activities

DISCUSSION



Self-Advocacy

What does this mean to you?

Are there other words that mean the same?

Peer Advocacy

Is self-advocacy different from peer-advocacy?

How?

DISCUSSION



Leadership

What is good leadership?

How do you know it when you run into it?

Leading by Example

If someone asks you to lead other people by your example, how would you do that?

DISCUSSION



What is an outcome?

How are they important to the work of the network?

SECTION #5

RECAP AND QUESTIONS

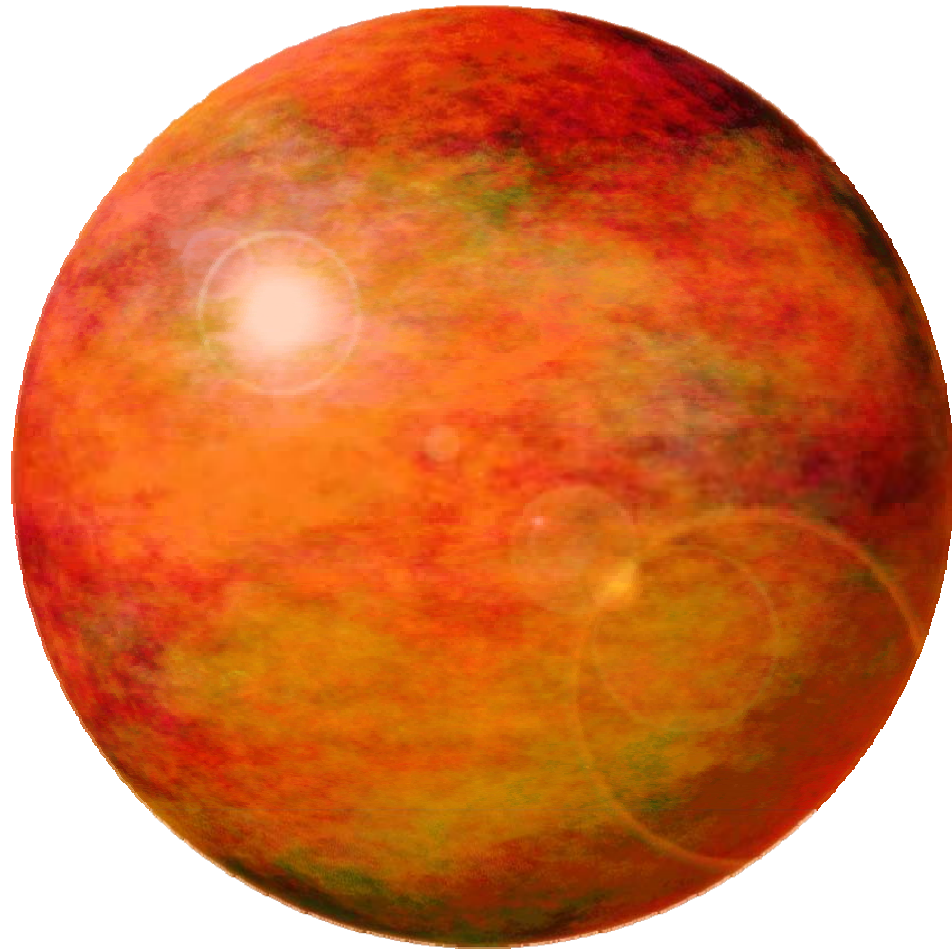


- Highlights of the day
- Overnight assignment questions
- Questions
- See you at 8.30 AM

HIGHLIGHTS



What was new for you today?



OVERNIGHT ASSIGNMENT

MEMBER QUESTIONS April 2012

SSAN

COMMUNITY CONNECTIONS

What organizations or groups are you a part of?

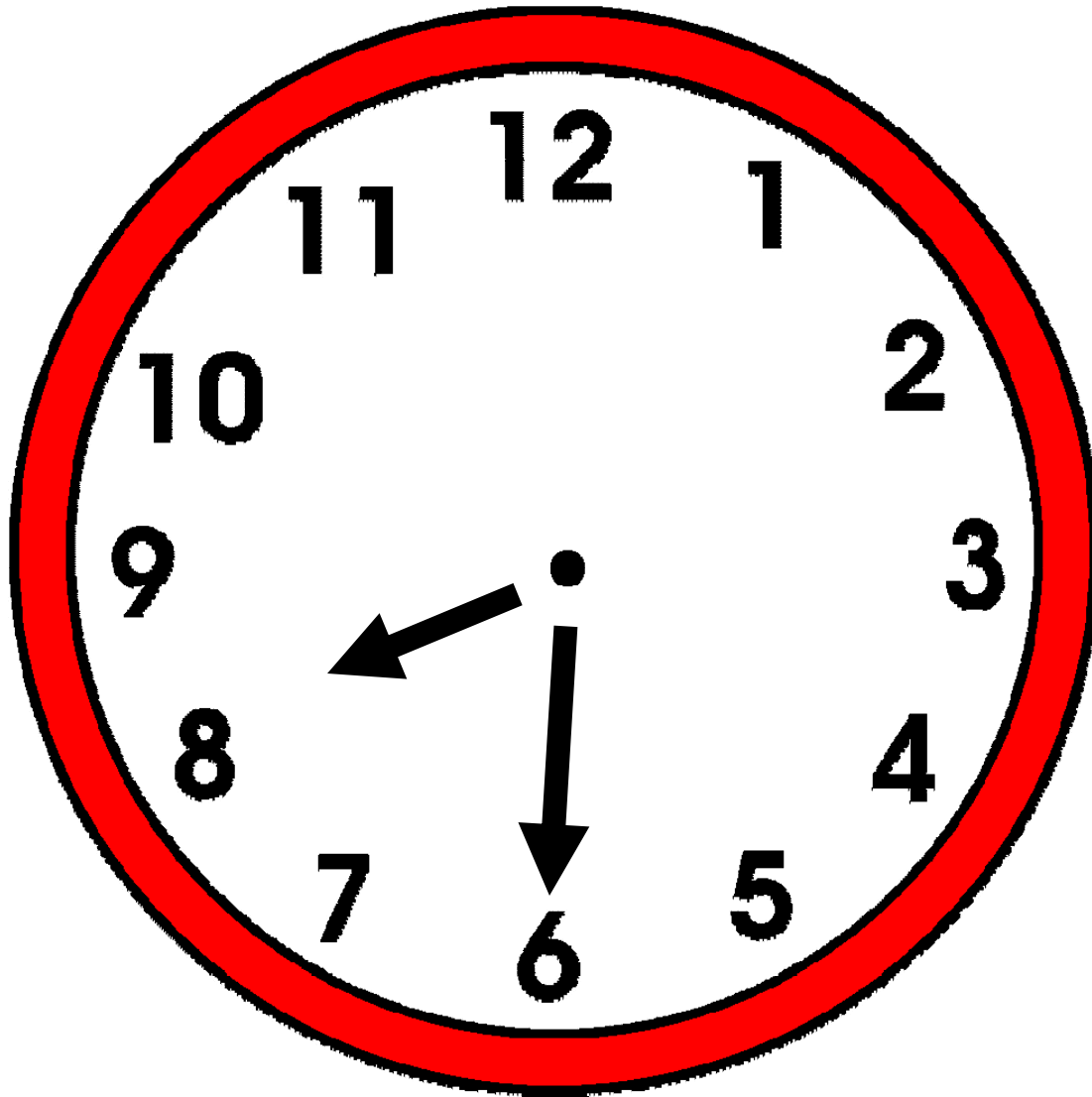
What do you do there?

How are you involved in your local community?

QUESTIONS

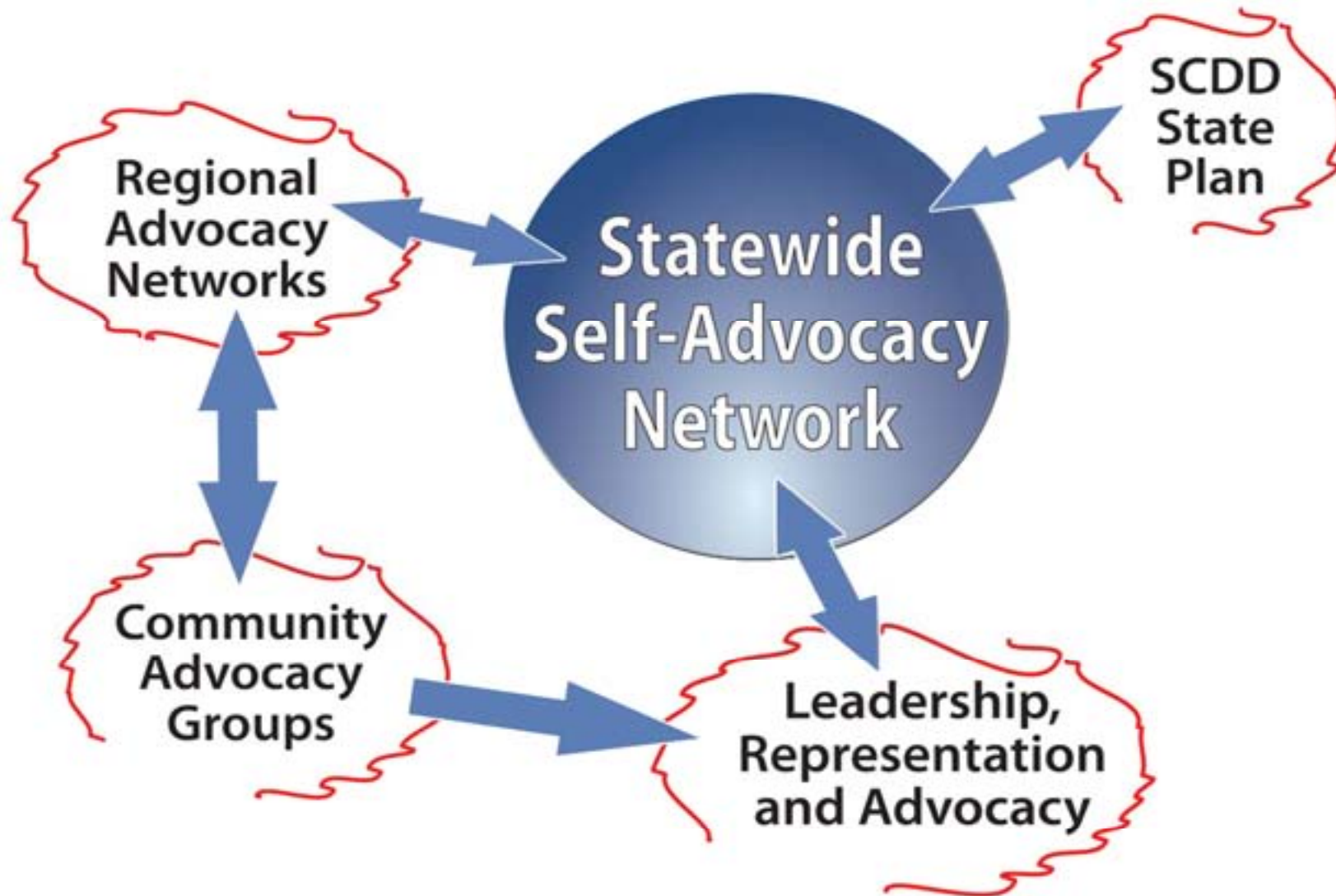


SEE YOU TOMORROW MORNING



DAY #2

April
2012



SECTION #1

Day
2

CALL TO ORDER



- Announcements
- Elections – July 2012
- Meeting schedule
- Member check in

ANNOUNCEMENTS



ISSUES & ASNSWERS



HOUSEKEEPING

ELECTION OF SSAN OFFICERS



JULY 2012

CHAIR AND VICE CHAIR BASIC DUTIES INCLUDE:

- With SCDD staff, prepare meeting agendas
- Lead meetings and represent SSAN in the community
- Follow-up on issues brought up at meetings
- Work with SSAN facilitators in-between meetings
- Demonstrate leadership qualities/complete leadership mission
- Communicate regularly with SSAN members

MEETING SCHEDULE

QUARTERLY MEETING PLAN

2012 and 2013



MEMBER CHECK IN

MEMBER QUESTIONS

April
2012

SSAN

COMMUNITY CONNECTIONS

What organizations or groups are you a part of?

What do you do there?

How are you involved in your local community?

SECTION #2



NETWORK MISSION



- Create Network Mission Statement
- Create Network Operating Rules

SAMPLE **MISSION STATEMENT**



SCDD SELF-ADVOCATES ADVISORY COMMITTEE

WHAT WE DO

- Learn about issues important to people with disabilities.
- Advise State Council and staff on issues that affect us.
- Assist people with disabilities to be on Boards & committees.

KEY WORDS

- Inclusion and promote independence
- Increase council member involvement
- Advocate with peers through policy making

MISSION STATEMENT

“Be a voice for all Californians with disabilities by promoting State Council participation and peer advocacy that advances independence and inclusion”

SAMPLE **OPERATING RULES**

SCDD SELF-ADVOCATES ADVISORY COMMITTEE

KEY RULES:

- a. Membership
- b. Officers and Elections
- c. Nominating officers
- d. Duties of the Chair/Vice:
- e. Requirements of Chair and Vice-chair
 - Has previous work and/or leadership experience.
 - Knows the operating rules and meeting procedures.
 - Has volunteer experience in the community
- f. Voting
- g. Membership
 - New members will participate in orientation.

SECTION #3



NETWORK MEMBERS



- Member responsibilities
- BRC and facilitator support

SSAN MEMBERS

The Network is an *active* group of self-advocates who represent area board regions and organizations. The Network advocates with local, state and national policy-makers.

MEMBER RESPONSIBILITIES



- Help create statewide and regional advocacy plans.
- Carry out advocacy activities in the community.
- Contribute to the annual progress report.
- Carry out community leadership assignments.
- Report regional outcomes at Network meeting.
- Lead by example.

BRC /NETWORK SUPPORT



BRC Network Facilitation Team

Network Support:



- Organize quarterly meetings with SCDD/SSAAN
- Support area boards and sponsors
- Support development of regional advocacy plans
- Provide technical assistance
- Ongoing evaluation of network process/outcomes
- Training: facilitators and area boards

Annual Deliverables:



- SSAN quarterly newsletter
- Annual SSAN outcome report : video and book

SECTION #4

TEAM MEETINGS

(MEMBERS/FACILITATATORS)

MEMBERS

- What is important to you?

FACILITATORS

- Network process and details
- Facilitation Plan and role of facilitator
- Training and supports
- Communication/technology



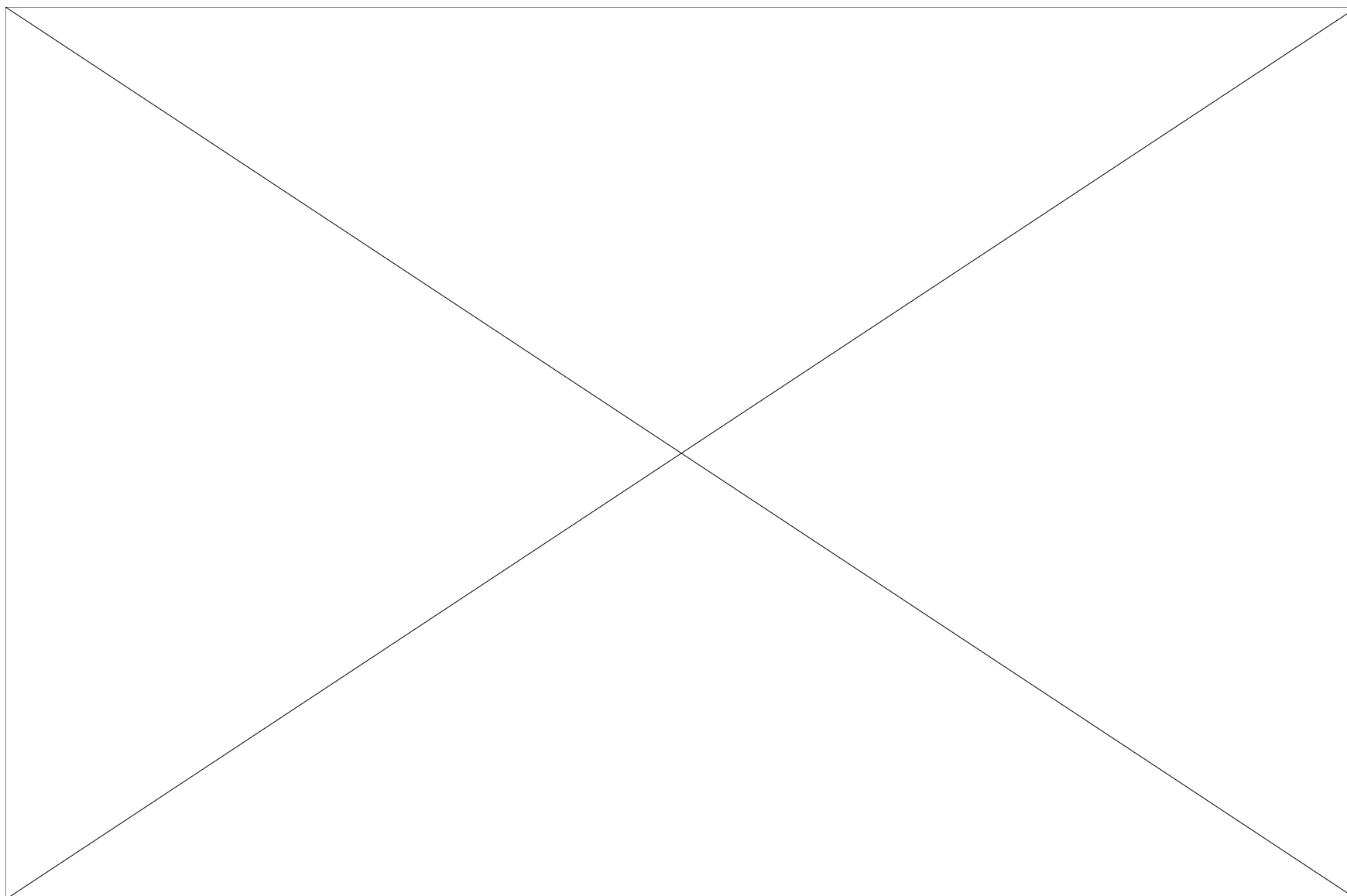
SECTION #5

LEADERSHIP



- Think Different
- Advocacy mission statement and goals
- Leadership coaching
- Facilitation tool and video
- Putting it all together:
Lisa Cooley and Jennifer Allen
- Begin work on mission statements

THINK DIFFERENT



INSPIRE OTHERS BY EXAMPLE



.. To guide and influence

.. To motivate to action



.. To affect or touch someone

Leaders Inspire others ... **BY EXAMPLE**

LEADERS INSPIRE

(1)

Leaders want to contribute and make a difference

(2)

Leaders know what they want to do

(3)

Leaders know what is Important to them

LEADERS START WITH A **MISSION STATEMENT** –
“WHAT IS MY PURPOSE”

LEADERSHIP – CREATING A GOAL



LEADERSHIP STRATEGY



THINK



What matters to you?

What's your passion?

What difference do you want to make?

PLAN



How will you demonstrate your advocacy?

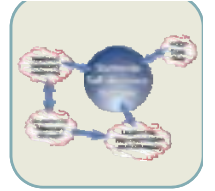
What steps will you take?

DO



Making the difference through your actions!


LEADERSHIP COACHING



SSAN
↔
Statewide Self-Advocacy Network

Leadership Coaching

TODAY'S WEBINAR

- What is leadership coaching?
 - What does it mean to lead by example?
 - What is an advocacy mission statement?
 - What is Think-Plan-Do and how do you use it?
- 



COACHES

Believe you can choose how to live your own life

Support you to use skills and abilities you have

Ask questions about what is important to you

Encourage you to learn new skills

Leadership Coaching



ABOUT YOUR MISSION STATEMENT

Your advocacy mission statement drives your actions

ABOUT YOUR VALUES

Your values demonstrate what matters to you

ABOUT COMMUNICATION

How you communicate tells others what you care about

ABOUT YOU

Being successful in your own life

Being a leader shows others by your example



COACHING

Helps You

Decide what is important to you

Set goals and take action

Try new strategies to be successful

Feel confident



DIFFERENT TYPES OF LEADERS

People in front

Those who talk for people who are quiet or not able to talk or attend meetings

Quiet

Listen and help people feel heard



DIFFERENT TYPES OF LEADERS

Organized

Those who keep track of things, so we don't forget

Resource Finders

People who help others find resources

Leadership is Mission Driven

Think About

MISSION STATEMENT DRIVES ACTIONS



The statement drives your advocacy plan

The statement directly connects to advocacy activities and outcomes

THE PATH: LEAD BY EXAMPLE

Create your advocacy mission statement

Commit to a plan of action

Become the leader you want to be

Use THINK-PLAN-DO strategy

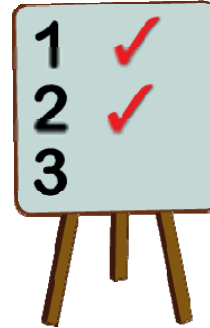
Teach others through your success

Decision Making Strategy



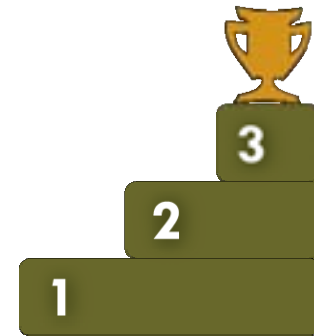
THINK

Create your plan after **THINKING** about what is important and why.



PLAN

Jumping from **THINK** to **DO** without a PLAN can make your goal difficult to reach.

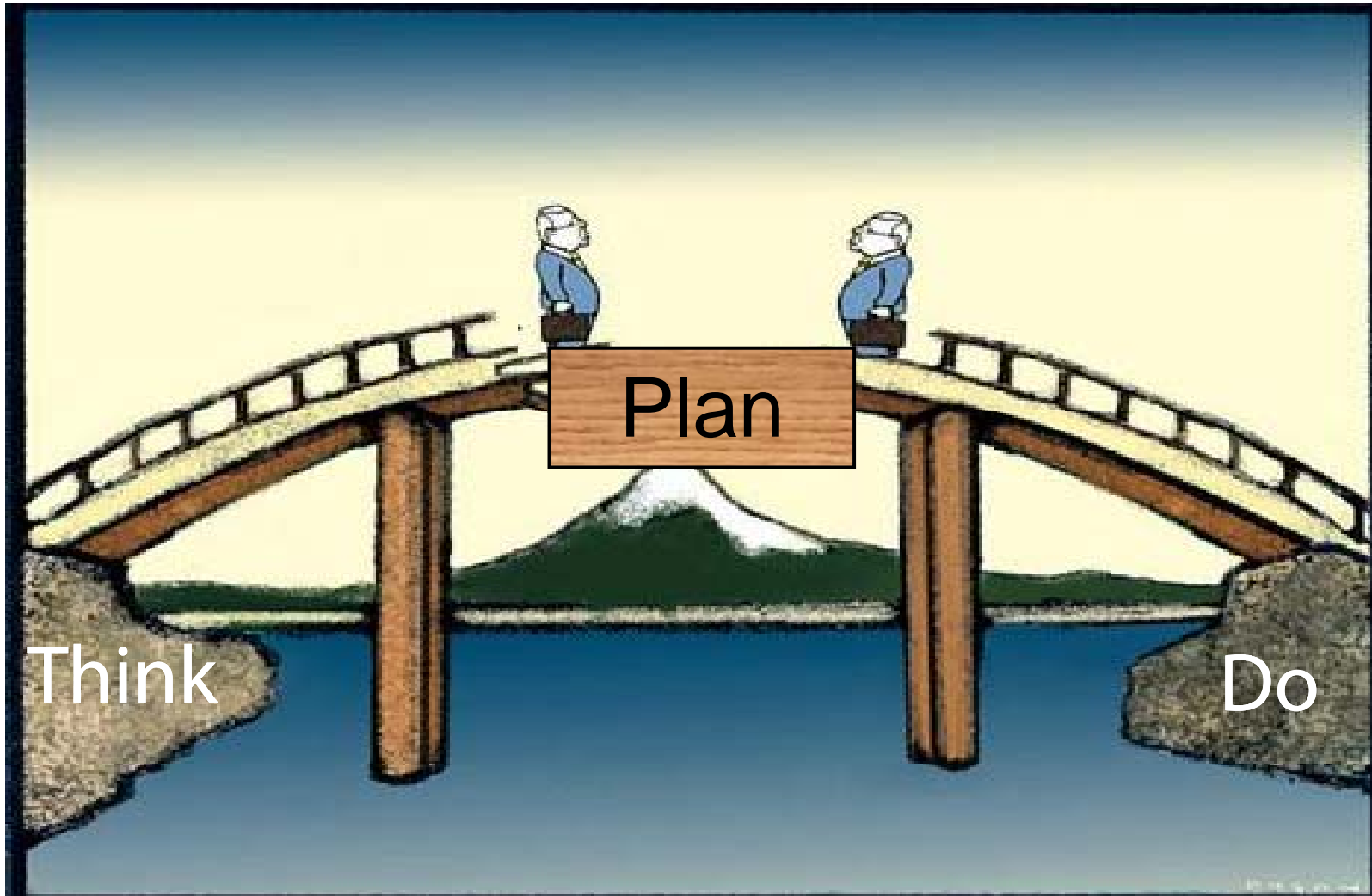


DO

DOING without a plan makes reaching your goal harder.

Focusing on the "Plan"

A **PLAN** is like a "bridge" connecting **THINK** with **DO**.

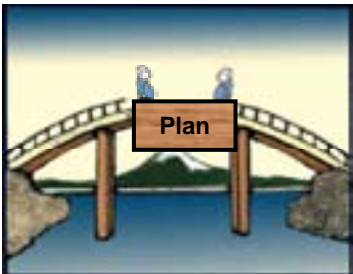


Leadership Coaching Calls

COACHING CALLS EMPHASIZE



- Think:** What is important to you
- Plan:** What you want to do
- Do:** Action steps and success



THE PLAN

is one of the most important parts
includes steps to achieve your goal

Next Steps

THINK about what is important to you




Plan

FACILITATION TOOLS AND VIDEO



 State Council on Developmental Disabilities

FACILITATION



PURPOSE – PLANNING – PRACTICE

Facilitation Worksheet
Facilitator and Member to complete

Agreement

As partners we will communicate openly and honestly with each other.

As the member, I agree to:

- a. Work as a partner with my facilitator.
- b. Communicate when I have questions or concerns about facilitation.
- c. Be prepared and professional.
- d. Communicate when I need to change my plan.
- e. Respect confidentiality of the facilitator.
- f. Other _____

As the facilitator, I agree to:

- a. Work as a partner with the member.
- b. Communicate when I have questions or concerns about facilitation.
- c. Be prepared and professional.
- d. Respect confidentiality of the member.
- e. Other _____

signature (member) date

signature (facilitator) date

signature (organization) date

Make copies for facilitator and organization



LEADERS AND THEIR SUPPORTS



FACILITATION BOOK



GOOD TO KNOW

Mutual respect create an effective partnership

A FACILITATOR ...

1. Has knowledge about organization, meetings, member's role.
2. Has knowledge about meeting rules and procedures.
3. Adapts meeting materials and explains related information.
4. Adapts to changing needs of member.
5. May act in these roles:
 - ***Note Taker***
 - ***Meeting***
 - ***Adaptation Specialist***
 - ***Scheduler***
 - ***Researcher***

FACILITATION BOOK



Mutual respect create an effective partnership

A FACILITATOR ...

Key Points

A FACILITATOR

- Observes workplace boundaries.
 - Avoids any influence of their own opinions.
 - Is self-aware and a watchful partner,
 - Is not a self-promoter.
-
- ✓ Avoid influence on the member's decision making.
 - ✓ Avoid speaking up or acting "like a member" at meetings.
 - ✓ Acknowledge and address barriers in being a facilitator.
 - ✓ Maintain confidentiality, do nothing to violate trust.

FACILITATION VIDEO



PUTTING IT ALL TOGETHER



JENNIFER ALLEN

Chair, Self Advocate Advisory Committee,
SCDD



LISA COOLEY

Vice Chair, Self Advocate Advisory Committee,
SCDD

JENNIFER – MY ADVOCACY PLAN

Leadership Goals and Support

ADVOCACY MISSION:

Provide information about resources and independent decision-making to high school students who are preparing to enter the community. Use my experiences to encourage and lead others by my example in advocacy leadership, financial planning and organization.

ADVOCACY LEADERSHIP GOAL EXAMPLE (FINANCIAL PLANNING)

THINK - what it means to me

Many people with disabilities have a lot of debt and run out of money every month. Being debt free means having worrying less, fixing my credit score and giving me freedom.

Debt is a burden, it hinders me every day and takes away from my advocacy work. Once I am debt free - my goal is 2013 - I can show others how I did it and what type of support I used.



_____ { 1 } _____

JENNIFER – MY ADVOCACY PLAN

PLAN - steps I will take

1. Contact utility companies to see about special programs to reduce monthly charges.
2. Decide on what debt I will pay off first.
3. Focus on paying it off.

Decision:

I will pay off debt to check cashing store I have owed for 3 years.

Reason:

The loan costs a lot of money every month and I always run out of food or supplies

DO - action steps

1. Save money from a reimbursement from Alta Regional Center.
2. End of April, go to check cashing store and pay off the entire loan.
3. Once the loan is paid off, use the extra money I spend each month on the loan to pay off a credit card.
4. Once the debt is paid, put together a presentation and teach other self-advocates about why it is important to be debt free and have money for things that are important. For me, it is my grandchildren.

LISA – MY ADVOCACY PLAN

Leadership Goals and Support

LISA'S ADVOCACY MISSION:

Provide information about resources to people with and without disabilities who are preparing to enter adulthood or move into the community. I will use my current Think-Plan-Do experiences to encourage and lead others by my example in advocacy leadership and financial planning so they can have successful lives.

ADVOCACY LEADERSHIP GOAL EXAMPLE (FINANCIAL PLANNING)

THINK - what it means to me

I want to have my own money! It is important to pay off my debts and not owe any money so I can begin saving for my future life. No more monthly payments, so it is easier to rent my future apartment!

Paying off debts is hard because it means making choices and there may be times when I have to say "**NO**" to my family.



_____ { 1 } _____

LISA – MY ADVOCACY PLAN

PLAN - steps I will take

1. Make a list of how much money I owe and who I owe it to.
2. See how much interest I am paying every month.
3. Make a budget.
4. Tell my family that I have to pay off a credit card and will not be able to help out as much.
5. Focus on paying off one debt at a time.

Decision:

I will pay off a credit card that has high interest.

Reason:

I am spending a lot of my money every month on interest and do not have enough for doing the things I want to do.

DO - action steps

1. Make my budget with support from my facilitator.
2. Tell my family my budget and plan to pay off a credit card now.
3. Begin payments in April and pay off by June 2012.
4. Once the debt is paid, I will go around and teach young adults how important it is to have a budget, be in charge of your own money and be careful when you take out credit cards.
Always - pay your credit cards in full every month.

MISSION STATEMENT

ADVOCACY MISSION AND LEADERSHIP PLAN

Name: _____

Key Words I want to use in my advocacy mission statement

1. _____
2. _____
3. _____

What The Words Mean To Me

Word	Means to me

Advocacy Mission Statement – *Use your key words to create your statement*

MISSION STATEMENT



ADVOCACY MISSION AND LEADERSHIP PLAN

What I Do Now To Support My Advocacy Mission

Action	Description

My Advocacy Action Plan

What I Will Do	Details	When

SECTION #6

QUESTIONS AND WRAP UP



- Community Assignments
- Meeting evaluation
- Questions

COMMUNITY ASSIGNMENT

COMMUNITY LEADERSHIP April 2012

SSAN

PERSONAL LEADERSHIP

tip! Use template provided

1. Watch the Leadership DVD video "Mission Statement"
2. Complete "Mission Statement Guide"
3. Create your own advocacy mission statement
(include: mission, key words, goals, action plans)
4. Complete "facilitation plan" with facilitator
(create agreement for the support you want)

TECHNOLOGY

tip! Ask for support

1. Accept invitation to join SSAN Google Group
www.groups.google.com/group/cassanetwork
2. Post a comment on the group site
3. Practice one (1) video call with area board/sponsor agency

OUTREACH

tip! Use resources on your flash drive

1. Meet with area board/sponsor to begin organizing regional group
2. Share SSAN purpose with advocacy group, board or regional center.

REMINDER:



Resources are
on the flash
drive.

ASK FOR SUPPORT!

QUESTIONS – COMMENTS



SEE YOU IN JULY